

John O'Groats to Land's End: 1-23 September 2018

Stage	Date	Start	Finish	Mileage
1	Sat 1	John O'Groats	Melvich	37
2	Sun 2	Melvich	Crask Inn	50
3	Mon 3	Crask Inn	Dingwall	52
4	Tue 4	Dingwall	Aviemore	55
5	Wed 5	Aviemore	Pitlochry	60
	Thu 6	Rest Day: Pitlochry		254
6	Fri 7	Pitlochry	Callender	60
7	Sat 8	Callender	Glasgow	55
8	Sun 9	Glasgow	Leadshills	46
9	Mon 10	Leadshills	Longtown	53
10	Tue 11	Longtown	Keswick	40
	Wed 12	Rest Day: Keswick		508
11	Thu 13	Keswick	Burton-in-Kendal	44
12	Fri 14	Burton-in-Kendal	Blackburn	41
13	Sat 15	Blackburn	Holt	67
14	Sun 16	Holt	Clun	55
15	Mon 17	Clun	Monmouth	53
	Tue 18	Rest Day: Monmouth		768
16	Wed 19	Monmouth	Wells	58
17	Thu 20	Wells	Buckland St Mary	47
18	Fri 21	Buckland St Mary	Postbridge	53
19	Sat 22	Postbridge	St Austell	50
20	Sun 23	St Austell	Land's End	55
Total Miles				1031