



AN INTRODUCTION

The Love Feast, or Agape Meal, is a Christian fellowship meal recalling the meals Jesus shared with disciples during his ministry and expressing the koinonia (community, sharing, fellowship) enjoyed by the family of Christ. It is not the same as Holy Communion or the Eucharist.

The Love Feast has often been held on occasions when the celebration of the Lord's Supper would be inappropriate - where there is no one present authorized to administer the Sacrament, when persons of different denominations are present who do not feel free to take Holy Communion together, when there is a desire for a

service more informal and spontaneous than the communion ritual, or at a full meal or some other setting to which it would be difficult to adapt the Lord's Supper.

One of the advantages of the Love Feast is that any Christian may conduct it. Congregational participation and leadership are usually extensive and important, especially involving children.

*From Discipleship Ministries
the United Methodist Church
[https://www.umcdiscipleship.org/
resources/the-love-feast](https://www.umcdiscipleship.org/resources/the-love-feast)*

CALL TO THE LOVE FEAST (AGAPE MEAL)

Out of darkness came light:
**And the power of God was
revealed in the running wave
and the flowing air, in the quiet
earth and the shining stars.**

Out of the dust came life:
**And the image of God was
revealed in the human face and
the gentle heart, in the warmth
of flesh and the depth of soul**

Out of justice came freedom:
**And the wisdom of God was
revealed in the need to grow
and the will to love, in the
chance to know and the power
to choose.**

And God looked at the creation:
And Behold, it was very good.

SCRIPTURE

*Psalm 34:1 'I will bless the Lord
at all times; his praise shall
continually be in my mouth.'*

PRAYER OF ADORATION

**I will keep on thanking God with
constant words of prayer. I will
glory in the living God: the
humble will hear and be glad.**

Let us pray.

Living God, our loving parent;
you cherish your creation and
we praise you With earth, air,
water, fire: in our element as
your children. We praise you
with our lips, with our lives, in
all our diversity, each one made
in your image, We praise you.

Because, in Jesus, you came
to share our human lives, our
sorrow and joy, We praise you.
Because your Spirit is at work
today: encouraging, enabling,
surprising us, We praise you.
Poor as we are, you give us
hope: Salt of the earth, you
give us meaning and purpose
and we praise you. **AMEN.**

PRAYER OF CONFESSION

(Mark 9.50)

Salt is good, but if salt has lost its saltiness, how can you season it?

Giving God, you blessed us with saltiness, but we became bland.

You trusted us with your Word:
But we did not keep it.

You lit a flame in our midst:
**But we hid it under formality,
smothered it with our fears.**

God, in your mercy:
Forgive us.

Silence is kept

Forgiving God, we believe that
you have called us:
To be salt and light.

That you offer us time and space
and strength:
To begin again.

Silence is kept

Giving and forgiving God:
We thank you.

Have salt in yourself and be at
peace with one another. **AMEN.**

GIVING THANKS FOR THE WEEK

People are invited to call out single words or brief phrases of thanks for something that happened during the week. A simple response may be used such as "Generous God, we thank you."

SCRIPTURE

Psalm 34:8 *'O taste and see that the Lord is good; happy are they who take refuge in him'.*

INTRODUCTION TO SHARING THE FEAST

We are all invited to the common table to share in an Agape Feast. At this table we come as brothers and sisters in the Holy Family of God. Taste and see that God is good.

The feast can be a loaf of bread (or oat-cakes, or a sweet bread) and a chalice of wine (or cider, or grape juice). The bread and the wine are passed to one another. Each person serving the individual next to him or her.

PRAYER

At the conclusion of each one drinking and eating.

As we share this bread, as we pour out this wine, we thank you, God, for our daily bread for the food which delights and nourishes us and for the companionship that sustains us.

We thank you, too, for wine (or “drink”) to quench our thirst and for the Living Water with which you surprise and enrich and transform our lives. We give thanks for this feast at which we can share, a foretaste of the Holy Realm. **AMEN.**

THE LORD’S PRAYER

Our Father in heaven, Hallowed be your name, Your kingdom come, Your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. AMEN.

BLESSING

Giving God, bless all who have gathered round this table. May we know the fullness of your presence at every meal and in all our sharing. **AMEN.**

*Liturgy adapted from the
SECULAR FRANCISCAN ORDER USA ECUMENICAL /
INTERFAITH NETWORK
[https://www.ofsusaecumenicalinterfaith.org/
prayer-resources](https://www.ofsusaecumenicalinterfaith.org/prayer-resources)*

*Edited and compiled by the
Rev’d Canon Imogen Nay, March 2020
Transferred into leaflet form by
Rev’d Paul A. Carr, April 2020*

Emmanuel Church, Laindon Road, Billericay, Essex. CM12 9LD

P 01277 632120 E emmanueloffice@billericaychurches.org T @EmmanuelCM12

WA EmmanuelCM12 W emmanuel-church.info FB EmmanuelChurchBillericay

Part Of The Billericay & Little Burstead Team Ministry