## 23rd March National Day of Reflection Reflect • Support • Hope

Take a minute's silence at 12 noon on 23 March to show your support for the millions of people who are bereaved and take a moment to connect with someone.

Scan this QR code to light a candle online





God of Love,

As we think about all that has changed this year, help us to trust that you are always with us.

As we remember those who have died, help us to trust they are at peace with you.

As we reach out to others with kindness and care, may hope shine out in every heart and home.

Amen



