



Good Friday Meditation
The Stations
Of The Cross

Emmanuel Church

2 April 2021

2.00 pm

Our Good Friday Meditation will continue unannounced and is based around, what are known as, 'The Stations Of The Cross'. The selection of stations presented here are based on the Biblical story of Jesus' last hours, rather than drawing on legend or popular tradition, and so offer a truer account of the last hours of Jesus' earthly life.

We suggest you do not use Bibles for the readings, but use the opportunity to listen anew and wonder afresh for all that took place on that first Good Friday. Please use the times of silence to reflect and meditate and allow God's spirit to speak to your hearts and minds.

Gathering

All **Heavenly Father,
We gather in this place today in sorrow and in shame.
We look for forgiveness, strength and mercy -
Though we know we deserve none.
We gather to remember how it was the week that our Saviour died.
We gather together to mourn, and to try to understand
What happened on that terrible day.
The day that Jesus showed the depth of his love for us
By suffering and dying in our place.**

Leader Heavenly Father,
Our hearts are heavy as we gather in the name of our crucified Lord:

All **Jesus, who died for our sins.**

Leader We remember with horror Him hanging on the cross:

All **Jesus, who died for our sins.**

Leader We remember the evil in the world around him:

All **Jesus, who died for our sins.**

Leader We remember too, Father, that have we denied our Lord:

All **Jesus, who died for our sins.**

Leader We remember that we, too, have betrayed our Lord:

All **Jesus, who died for our sins.**

Forgive us, Lord, and love us still. Amen.

At the introduction to each 'Station of the Cross' we will say the words:

**We adore you, O Christ, and we bless You.
Because by Your Holy cross You have redeemed the world.**

After each station there will be a prayer, followed by a time of silence, then we say:

Holy God, Holy and strong, Holy and immortal, have mercy upon us.

The Stations Of The Cross

- First Station **Jesus in the Garden of Gethsemane**
Mark 14:32-36
- Second Station **Jesus is Betrayed by Judas and Arrested**
Mark 14: 43.45-46
- Third Station **Jesus is Condemned by the Sanhedrin**
Mark 14: 55; 60-62; 64
- Fourth Station **Jesus is Denied by Peter**
Mark 14:72
- Fifth Station **Jesus is Judged by Pilate**
Mark 15:14-15
- Sixth Station **Jesus is Scourged and Crowned with Thorns**
Mark 15:17-19
- Seventh Station **Jesus Carries the Cross**
Mark 15:20
- Eighth Station **Jesus is helped by Simon of Cyrene to Carry the Cross**
Mark 15:21
- Ninth Station **Jesus Meets the Women of Jerusalem**
Luke 23:27-28;31
- Tenth Station **Jesus Is Crucified**
Mark 15:24
- Eleventh Station **Jesus Promises the Kingdom to the Thief**
Luke 23:39-43
- Twelfth Station **Jesus, His Mother and the Disciple**
John 19:26-27
- Thirteenth Station **Jesus Dies on the Cross**
Mark 15:34, 36-37
- Fourteenth Station **Jesus Is Laid in the Tomb**
Mark 15:46

Song
O Love That Will Not Let Me Go
Jonathan Veira

Closing Prayer

Leader Lord Jesus Christ, as we leave this place today,
Help us to reflect in our hearts
On who You are and what You have done for us.
Help us to understand, and in understanding,
Help us to accept Your love and forgiveness.
Make us a people who have Your faith and Your courage
In times of darkness and trial.
A people who, like You,
Walk in humble obedience to the Father's will.

All **Lord Jesus Christ,
We thank for the cruel pains and insults you bore on our behalf.
We thank you for the love you showed to us on the cross.
Lord Jesus Christ, Redeemer, Friend and Brother;
May we know you more clearly,
Love you more dearly,
And follow you more nearly, day by day.
Amen.**

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